

Progessence
Phyto Plus™
Essential Oil Blend

PRODUCT INFORMATION PAGE



Product summary

As women age, Progesterone levels drop, and staying hormonally balanced becomes increasingly challenging, causing everything from sleep and mood disorders to more serious health concerns. Progesterone deficiency is something that affects all women. P3 is a USP-grade wild yam extract infused with Vitex and essential oils to help women find hormonal balance the way nature intended.

Who should use Progessence Phyto Plus?

If you have begun your monthly female cycle, if you are heading into or are fully into menopause, if you are a woman of any age and any of these health concerns apply, then Progessence Phyto Plus (P3) is probably for you:

- Cystitis
- Day sweats/Night Sweats
- Depression
- Dry eyes
- Endometriosis
- Fibroids
- Fibromyalgia
- Gum or tooth loss
- Hair loss
- Hot flushes
- Insomnia
- Low energy levels
- Low thyroid levels (caused from damaged Pituitary)
- Lowered libido
- Metabolic Syndrome X – insulin resistance
- Migraine headaches
- Mood swings
- Muscle wasting
- Nerve damage
- Osteoarthritis (Bone health issues)
- Ovarian cysts
- PCOS (Polycystic Ovary Syndrome)
- Pituitary problems (common cause of low progesterone)
- PMS
- Post partum depression
- Rosacea
- TMJ (Temporomandibular joint)
- Uterine cysts
- Weight gain
- Wrinkles

Complementary products

- NingXia Red
- Dragon Time Essential Oil blend

Primary benefits

- Help to decrease the symptoms of Menopause
- May have a calming effect if used at bedtime
- Naturally encourages youthful appearance of the skin
- P3 will help you overcome the symptoms the birth control pill is often prescribed for, **except preventing pregnancy.**

Suggested use

- Apply 2-4 drops twice daily over carotid arteries in the neck. For enhanced effects, apply 1-2 drops along forearms twice daily.
- It does not need to be rotated on different areas of the body or cycled throughout the month.
- Use Progessence Phyto Plus after a warm bath or shower.

Safety guidelines

- Keep out of reach of children
- If you are nursing, taking medication, or have a medical condition, consult a health professional prior to use.
- Application is intended for external use.

Ingredients

- Bergamot helps to relieve anxiety and depression
- Cedarwood helps increase mental focus
- Clove has high antioxidant properties
- Copaiba oil lifts feelings of depression
- Frankincense enhances skin penetration of hormones
- Peppermint helps to enhance penetration of progesterone through the skin
- Rosewood leaf soothing to the skin and balancing to the emotions

Progessence Phyto Plus Serum contains 15mg/ml of the P4 progesterone. There is approximately 300 drops in a 15ml bottle, there is 15ml of progesterone in 20 drops of serum.

What else can “P3” do?

- Assists Pituitary function
- Assists the bladder, bowels and colon tissues to rehydrate
- Causes hair regrowth. (thicker hair)
- Decrease not only vaginal dryness but also dryness all over
- Halts abnormal uterine bleeding
- Kills breast cancer cells (causes apoptosis)
- Lowers inflammation
- Reduces or reverses fibrocystic breast tissue
- Reduces risk of breast cancer
- Reduces the risk of heart attacks
- Reduces coronary artery disease

How to use Progessence Phyto Plus:

Daily use is recommended, and depending on your symptoms but you can use it according to your cycle.

Apply to clean dry skin, after a bath or shower. As natural oils build up on the skin during the day, better absorption will occur if the skin is clean, dry and warm.

Use as often as desired, generally one to two drops on the neck over the carotid arteries and on the hairless part of your forearms. Can also be applied to temples, jaw and spine, if required every hour or until symptoms are gone. Once you are feeling better, then you can re-adjust the amount used.

Symptoms of nausea may occur within the first couple hours as the body gets used to the progesterone, apply more and they will dissipate.

Take it symptomatically. Use a drop or two at a time. Take it for headaches, heavy bleeding, hot flushes, moodiness etc. There is an adjustment time, you have to get it balanced and you have to get a good level in your body. Research with many of the country's top doctorates in endocrinology agree that blood level measurements are more accurate than saliva testing. Use triple or quadruple the usual dose for endometrial hyperplasia. If you use enough, it almost always halts uterine bleeding.

Hot Flushes

Hot flushes are waves of vascular inflammation. If not treated properly they can be a precursor to vascular disease such as stroke or heart attacks.

Women tend to sweat while going through menopause. This sweating is caused by hormones which are released by lack of progesterone, NOT from a lack of estrogen as most doctors think. In only 1% of women is low estrogen actually an issue. While 17b-estradiol is necessary and beneficial, it must always be balanced with progesterone.

Hot flushes and night sweats are BAD! A higher incidence of these can be associated with:

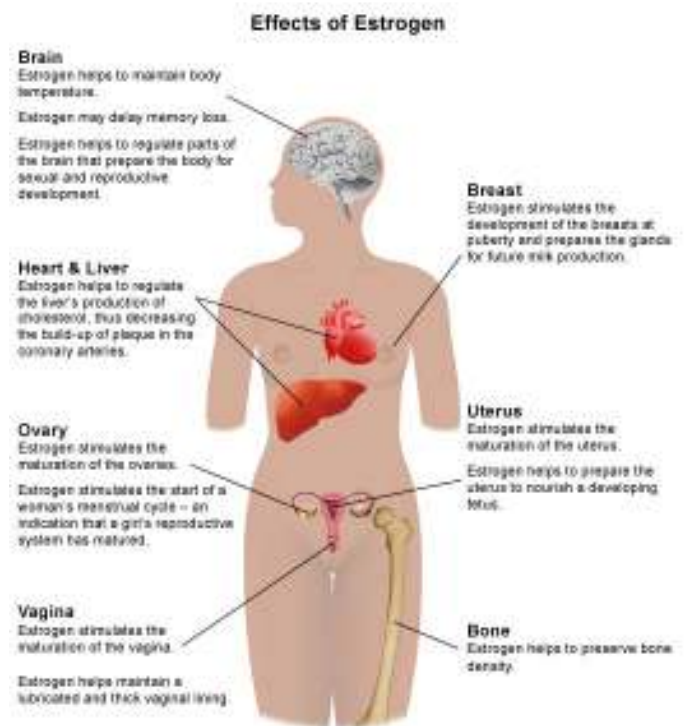
- Alzheimer's disease
- Depression
- Hypertension
- Migraine headaches
- Osteoporosis

Cautions

- Women with hormone positive receptive cancer – are advised not to use any hormones unless under the guidance of a physician familiar with the use of natural hormones in the treatment of cancer.
- Not to be taken during pregnancy

Additional information

- <http://en.wikipedia.org/wiki/File:menstrualCycle2.png>
- http://en.wikipedia.org/wiki/Combined_oral_contraceptive_pill
- <http://gaetacomunications.com>



Product information

Progessence Phyto Plus Essential Oil Blend – 15ml

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