

## Reasons to try a Pedicure

- 1. Appearance.** Having nicely groomed, polished toes is guaranteed to make you feel sexier when wearing a nice pair of open-toe shoes or strappy sandals.
- 2. Dry Skin & Cracked Heels.** During our pampering Pedicures we will address any dry, flaky skin which naturally forms across the feet by using a gentle exfoliant to help soften and remove dry skin. Cracked heels are also addressed during our pedicures, concentrating around the heel and big toe, areas where calluses tend to form. However, for more severe cases of painful cracked heels we may refer you to a Podiatrist who are qualified to use cutting implements to treat more serious foot disorders.
- 3. Nail Health.** Buffing your nails doesn't just make them look nice but is also important to stimulate blood flow. Blood carries nutrients which are vital for nail health and growth. Although in winter we tend to keep our toe nails groomed short, good nail growth can be a sign of good nail health.
- 4. Relaxation.** Our pampering Pedicures include an aromatic leg massage concentrating on your calves, ankles and feet, which is a great way to remove any stored tightness and tension. We all know how important it is to take some regular "Me Time". Regular time out is vital for good health.
- 5. Nail Colours.** Because nail polish selection should be fun, we offer literally hundreds of colours, shades and textures to choose from. We have colours to suit any season, reason and occasion.

**6. Painting.** During the painting process, we will use a base coat to help anchor the polish and protect your nail plate from stainage, plus a top coat to the help polish last longer and speed up drying time.

**7. Regularity.** Your feet get such little care compared to other parts of your body such as your hands and face. Healthy feet are vital to your overall health so don't neglect them!

Whether you indulge in one of our signature pedicures or DIY, make sure to pamper your feet every 4-6 weeks in summer and 6-8 weeks in winter so the health of your feet remain in good condition.

## Trading Hours

**Monday Closed**

**Tuesday 10.00 – 6.00\***

**Wednesday 10.00 – 6.00\***

**Thursday 10.00 – 7.00\***

**Friday 10.00 – 7.00\***

**Saturday 10.00 – 3.00\***

**Sunday Closed**

**Closed Public Holidays**

\* Later appointments are available by prior arrangement

“Like” us on Facebook  
[www.facebook.com/elegantnailsandbeautybysue](http://www.facebook.com/elegantnailsandbeautybysue)

“Follow” us on Instagram  
[www.instagram.com/elegantnailsandbeautybysue](http://www.instagram.com/elegantnailsandbeautybysue)

Visit our website  
[www.elegantnailsandbeautybysue.com.au](http://www.elegantnailsandbeautybysue.com.au)

Copyright 2020 Elegant Nails & Beauty by Sue All Rights Reserved

## Pedicure Price List

Effective 1st January 2020

**Elegant Nails & Beauty  
by Sue**

**Phone 0419 806 803**



**Put your best foot forward with  
one of our signature pedicures!**

## Our Pedicure Menu

### Just a Paint Please 15 mins\*

During Summer or Winter, rain or shine, special events and open-toed shoes deserve a suitably stylish finish. Choose from 600+ nail polishes colours in different shades, textures and finishes. We have every colour of the rainbow!

**Paint Only with Colour 15 mins\*      \$20.00**

**French Polish extra \$5.00**

### Express Mini Pedicure 30 mins\*      \$35.00

For toes that need a quick tidy up.

Includes File/Shorten/Shape and toe nails painted with your choice of colour and a high gloss quick drying top coat, then dried under our nail dryer.

**French Polish extra \$5.00**

### Happy Feet Pedicure 60 mins\*      \$60.00

This pedicure is especially designed for the busy person whose feet require some "TLC".

Includes Foot Spa, Toe Nail File/Shorten/Shape, Cuticle Treatment, Aromatic Foot Exfoliant to remove dry skin, removal of dry/cracked skin on heels, Hydrating Foot Mask, plus an Aromatherapy Foot Massage.

We finish your pedicure with your toe nails painted with your choice of colour and a quick dry High Gloss Top Coat then dried under our nail dryer.

**French paint extra \$5.00**

**\* additional drying time required under our Nail Dryer**

### Rejuvenation Pedicure 80 mins\*      \$80.00

This treatment is total indulgence for the feet.

Includes Foot Spa, Cuticle Treatment, Toe Nail File/Shorten/Shape, Aromatic Foot Exfoliant to remove dry skin, removal of dry/cracked skin on heels. After your Aromatherapy foot and leg Massage, Collagen cream is infused into your feet during a luxurious warm Paraffin Foot Treatment.

Our signature pedicure is finished off with your toe nails painted with your choice of colour, a quick drying High Gloss Top Coat and dried under our nail dryer.

**French paint extra \$5.00**



### Paraffin Foot Treatment 20 mins      \$35.00

For some extra pampering, try indulging in a luxurious Paraffin Foot Treatment.

Treatment includes a gentle foot exfoliant, feet massaged with collagen cream then your feet are submerged into a warm paraffin bath until the wax takes on the look of a glove. Then your feet are placed in towelling mitts and then you are given some extra time to relax and unwind.

### Shellac Pedicure & Colour 60 mins      \$50.00 Shellac Pedicure & French 60 mins      \$60.00

Say goodbye to your post-pedi depression.

No more sheet marks, dents, dings or dulling. No more regrets the morning after.

Shellac lasts for 14+ days without chipping, scratching or fading and will remain glossy and glamorous the entire duration!!

Shellac is hypo-allergenic and **does not** include Formaldehyde, Toluene or DBP (Dibutyl Phthalate).

Pedicure includes a cuticle treatment, your nails Filed/Shortened/Shaped and painted with your choice of Shellac Colour or French coat.

### Shellac Upgrade 30 mins      \$ 30.00

**For some fabulous foot pampering you can upgrade your Shellac Pedicure to a Deluxe.**

In addition to a cuticle treatment, your nails Filed/Shortened/Shaped and painted with your choice of Shellac Colour or French Coat. Upgrade includes Foot Spa, Luxury Foot Scrub to remove dry skin, removal of dry/cracked skin on heels, plus a relaxing aromatherapy foot massage.

### Shellac Only Removal 20 mins from \$15.00

If you are looking to have your Shellac polish removed, we ALWAYS remove our Shellac using a gentle soak off process.

Shellac removal includes File/Shorten/Reshape followed by a gentle buff with Solar Oil and finished with a nail hardener or Top Coat.

**No electric drills or clippers required!**