

## Benefits of a Facial

**1. Nurture.** Generally, we are all seeking clear, luminous, younger looking skin. Most of us follow a daily skin care routine, which doesn't have to be elaborate, but will maintain your skin's texture. Having regular spa facials will address the ever changing needs of your skin, helping it to look and feels its best.

**2. Prevent Ageing** We are not getting younger with each passing day. You were born with one face which will last through your lifetime so you need to take care of it. Regular facials and massages boost cell regeneration helping to promote collagen development which encourages healthier looking skin.

**3. Circulation** Various studies show massage improves the blood circulation in your body, the same applies to your face. Improved blood circulation in your face means that your cells get lots of oxygen and nutrients. This translates to a glowing complexion.

**4. Rejuvenate Your Skin** With age, skin loses its luster. Lifestyle choices, makeup, heating, cooling, pollution, coupled with little or no water intake makes it difficult for your skin to recuperate. Any of our signature Facials will help rejuvenate your skin and help improve its appearance and texture.

**5. Dark Circles & Eye Bags** The skin under your eyes needs extra special attention because it is much thinner than the skin on the rest of the face. Specially prepared eye creams and eye masks used during your facial will help replenish the sensitive skin around your eyes. Containing essential vitamins and minerals designed to hydrate tired skin, will also help to eliminate dark circles, reduce fine lines and wrinkles around the eye area.

**6. Exfoliation** The one beauty step often skipped at home, is Exfoliation. The removal of dry/dead skin cells on the surface of the skin, is one of the most important aspects of your skincare routine for your face AND body. It not only speeds up cell renewal, it helps prepare the skins surface for the skin care products that follow and helps smooth the skins surface which helps your makeup to look even and last longer. Because it increases blood circulation, regular exfoliation will help you to achieve dewy complexion.

**7. Face Mask** Another step usually skipped at home, is the face mask. During your facial we will prepare a mask that's specially designed for your skin type, one that will address your skins needs.

Facials are much more than just an hour of sheer bliss, they are a way of saying "I love you" to yourself and to your skin. If you want beautiful, younger looking skin over your lifetime, start taking care of it today!

## Trading Hours

**Monday Closed**

**Tuesday 10.00 – 6.00\***

**Wednesday 10.00 – 6.00\***

**Thursday 10.00 – 7.00\***

**Friday 10.00 – 7.00\***

**Saturday 10.00 – 3.00\***

**Sunday Closed**

**Closed Public Holidays**

\* Later appointments are available by prior arrangement

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## Facials Price List

**Elegant Nails & Beauty  
by Sue**

**Phone 0419 806 803**



**Invest in your skin...  
it represents you  
for your life time!!**

## We have skin solutions for every skin type!

### Express Mini Facial 50 mins \$50.00

For the busy person whose skin needs TLC!

If your busy schedule won't allow you the time to complete your daily skin care routine, this facial will give you some well deserved time out and refresh your skins appearance by helping remove some of the "stressed" signs from your face.

Facial includes Steam, Deep Cleansing, Toner, Gentle Exfoliation, Hydration Mist, Moisturiser, Eye Cream and Lip Balm.

Suitable for all skin types.

### Skin Solutions Aromatic Facial 60 mins \$60.00

Glowing, healthy skin is the basis for a woman to feel beautiful.

Relax and feel rejuvenated during our Skin Nurturing Facial, while we incorporate specially formulated products, with Acupressure Massage and Lymph Drainage which work together to leave your mind relaxed, your skin looking radiant and feeling nurtured.

Facial includes Steam, Cleansing, Toner, Gentle Exfoliation, Green Tea Antioxidant Mask, Hydration Mist, Moisturiser, Eye Cream and Lip Balm, plus a Face, Neck and Shoulder Massage.

Suitable for all skin types.

### Deluxe Skin Nurturing Facial 60 mins \$70.00

A revitalising Facial designed for problematic skin needing instant comfort.

This Facial can be tailored to benefit oily, congested, dehydrated, or hormonally challenged (teen or menopausal) skin.

Includes Steam, Deep Cleansing, Toner, Gentle Exfoliation, Hydration Mist, Organic Clay Mask (for your skin type), Moisturiser, Eye Gel and Lip Balm. Includes a Face, Neck & Shoulder Massage.

Suitable for problematic skin types.



### Turn Back The Clock Facial 60 mins \$80.00

**Not suitable for people with a Seafood Allergy**

You don't have to wait for the wrinkles to appear to benefit from this anti-ageing Facial. Unlock younger looking skin instantly with this extremely hydrating, purifying and refining Facial designed for skin that requires an extra moisturising boost.

This Facial will not only leave your skin looking more youthful but it will give you an opportunity to relax your mind, body and spirit whilst we invigorate your senses.

Benefits of this Anti-Ageing Facial:

- Blitz dryness, wrinkles and redness
- Helps beat wrinkles before they occur
- Improve complexion by increasing circulation
- Helps reduce pigmentation
- Helps fade freckles, age spots and dark flaws
- Gives skin vitality and protection

Includes Steam, Cleansing, Toner, Gentle Exfoliation, Hydration Mist, Alginate Mask (to suit your skin type), Collagen Eye Mask, Moisturiser, Lip Balm, plus a Face, Décolletage, Neck and Shoulder Massage.

**Suitable for all skin types.**

**Recommended for Mature or Dehydrated skin.**

### Chocolate Bliss Facial 60 mins \$100.00

We all know dark chocolate is great for helping the body reduce stress levels. Can you imagine the many benefits our signature Chocolate Bliss Facial will have on your skin?

Stress is one of the main causes of collagen breakdown which increases wrinkles. This nourishing Facial, introduces key vitamins and minerals to your skin, which help repair damaged skin preventing future damage.

Facial includes Steam, Cleansing, Toner, Gentle Exfoliation, Hydration Mist, Organic Chocolate Mask, Moisturiser, Eye Mask, Eye Cream, Lip Balm, plus a Face, Neck and Shoulder Massage.

Suitable for all skin types.



### Graceful Ageing A.R.T. Facial 60 mins \$120.00

As women, we are seeking luminous, younger looking skin. Regardless of the number of birthdays you've celebrated, your skin will look and feel its best with an Age Refining Facial.

This revolutionary Facial offers an holistic approach to skin care, that will help reduce the look of fine lines, wrinkles, age spots, sun damage and help ward off the many signs of premature ageing.

Designed to improve your skin's appearance by enhancing your skin's ability to produce collagen and increase skin's elasticity, by infusing moisture deep into the skin's layers.

Facial includes Steam, Cleansing, Toner, Gentle Exfoliation, Hydration Mist, A.R.T. Renewal Masque, Moisturiser, Eye Mask, and Lip Balm, plus a Face, Décolletage, Neck and Shoulder Massage.

Suitable for all Mature & Dehydrated Skin.

### Infinite Love Pamper Package 90 mins \$150.00

Show your skin and yourself some love by taking some well-deserved time out to treat yourself (or your mum/sister/sister-in-law) to this this relaxing pamper package .

Design to refresh, revitalize and thoroughly pamper your skin with a Rose Scented Skin Nurturing Facial (to suit skin type), Eyelash Tint, Eyebrow Tint, and Eyebrow Shape/Wax.

Facial includes Steam, Cleansing, Rose Toner, Gentle Exfoliation, Rose Hydration Mist, Rose Masque, Rose Moisturiser, 24K Gold Under Eye Mask, and Lip Balm, plus a Face, Décolletage, Neck and Shoulder Massage.

Suitable for Sensitive, Dry and Mature skin.



**With age comes wisdom but wrinkles are optional! It is never too late to help offset the effects of ageing with any of our signature Pampering Facials.**